

I discovered Healthwise Energy Centre and Graham Wilkinson through a newspaper article which caught my attention.

For years, I suffered the same symptoms as those described in the article including chronic stiffness of my neck and mid back region. At this time, I knew nothing about TMJ and its relationship with body alignment and general well-being. I presented to the Centre with a headache, general fatigue and nausea. I used to get a neck adjustment every time I had a bad headache which was costly and short lived.

Over the past ten years, I have consulted a GP, a Pain Management Specialist, Chiropractor, Physiotherapist, and a Sports Doctor about my condition. I could manage most weeks with Chiropractic adjustments and found them to be beneficial but not a long-term remedy for muscle tension. I also tried numerous supplements like Magnesium, Vitamin C with Bioflavonoids, Coenzyme Q10. I have had X-rays, a CAT scan and a recent MRI which all proved completely normal. I have had prolotherapy injections in my neck to try and reduce the neck inflammation.

When nothing else worked, I tried Graham Wilkinson. A PIP scan was taken at the Healthwise Energy Centre which showed areas of inflammation and poor body alignment. My jaw was inflamed, with severe inflammation radiating from my shoulders and neck. When no registered medical practitioner could get to the root cause of my health problems, Graham looked at a number of holistic factors and began work with bower and reiki treatments. After about 8 treatments, another PIP scan was taken which showed a marked improvement in body alignment. I have never felt better and continue to benefit from the treatments regularly.

I strongly recommend and endorse the work that Graham and Mandy do at Healthwise Energy Centre. Graham is the man that people go to when nothing else works. He is a complimentary health practitioner who turned my condition around for the better! Graham looks at the whole body, and tailors treatment to the person, not the symptom!

Thanks Graham and Mandy, I really appreciate the work you do!

Mike Scanlon
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