

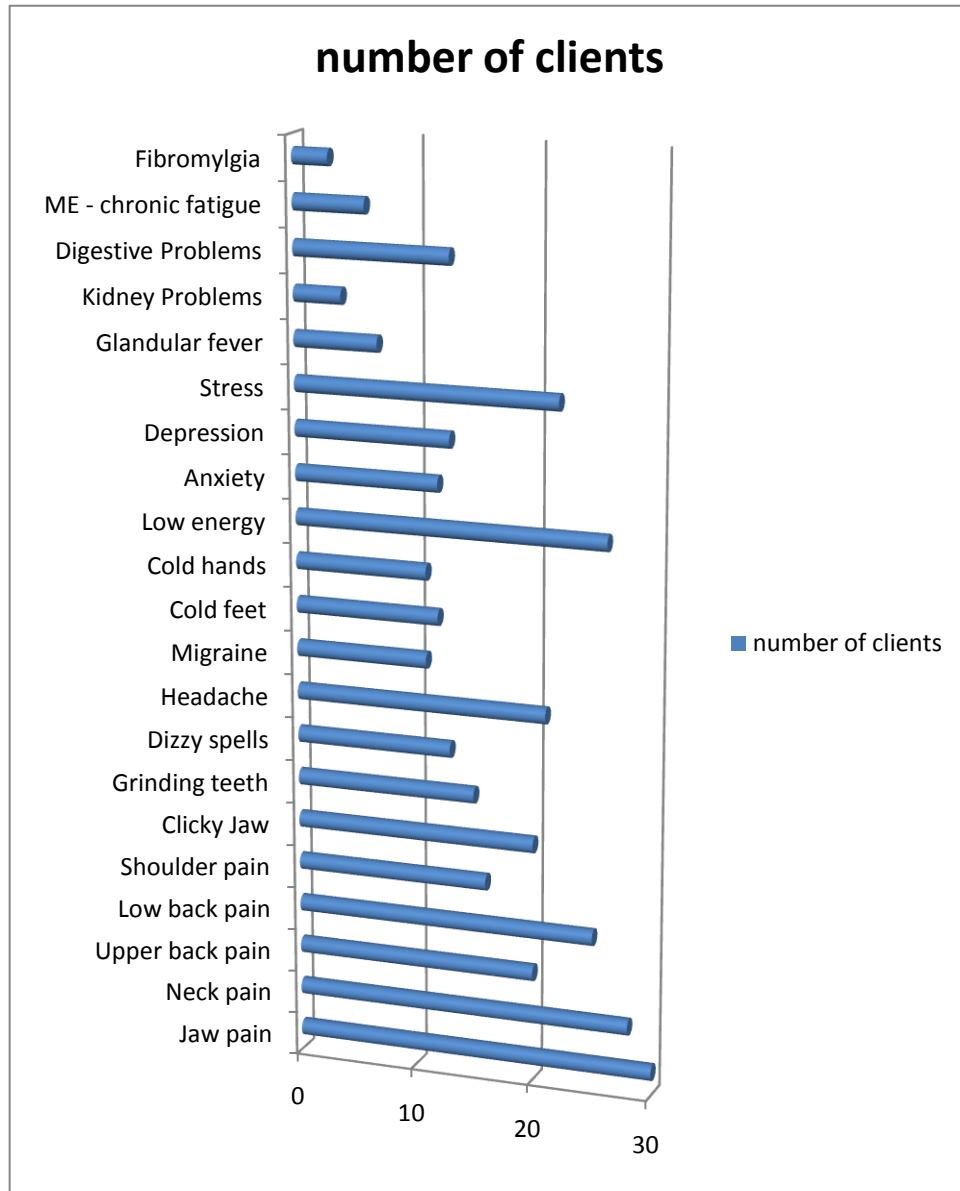


2009 Healthwise Energy Centre: Jaw Pain Study

During 2009 Healthwise Energy Centre decided to study a group of people who were seeking improvement about one particular health problem. They all presented with temporomandibular jaw (TMJ) otherwise known as jaw pain, as their primary cause of concern and discomfort. Upon assessment and general consultation it became increasingly obvious and common, that all these people had several, if not more current health conditions.

Healthwise Energy Centre put this data together and this constitutes the table and graph below. This study is of 30 people who attended the Centre, all agreeing to have their data calibrated into this brief observational and interesting study. All of these 30 people presented with jaw pain as their main health issue. As you can see from the data most of these people also suffered from; neck pain, upper back pain, lower back pain, clicky jaw, headaches, low energy and stress.

Symptom	number of clients
Jaw pain	30
Neck pain	28
Upper back pain	20
Low back pain	25
Shoulder pain	16
Clicky Jaw	20
Grinding teeth	15
Dizzy spells	13
Headache	21
Migraine	11
Cold feet	12
Cold hands	11
Low energy	26
Anxiety	12
Depression	13
Stress	22
Glandular fever	7
Kidney Problems	4
Digestive Problems	13
ME - chronic fatigue	6
Fibromyalgia	3



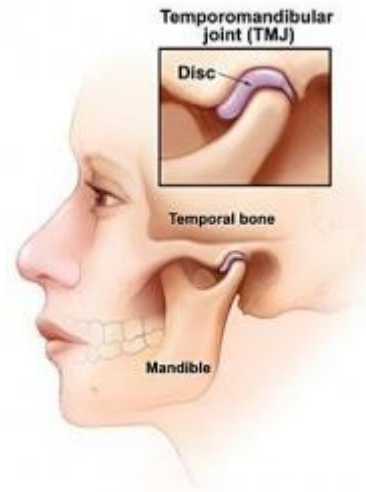
When we know more about TMJ and how significant it is to our health and muscular skeletal alignment we will understand that it is not so surprising what Healthwise Energy Centre has observed and noticed.

So what is TMJ?

The temporomandibular jaw joint is also known as the jaw joint or TMJ. It is the hinge at the side of the face that connects the jaw, or mandible, to the temporal bone of the skull. It is located just in front of the ear and is the joint from which all jaw movements take place.

Approximately 40% of the nerves leave the cranium through the TMJ. If these nerves are suppressed or restricted in any manner through the TMJ being out of alignment, this can cause serious and far reaching health problems.

Since the TMJ problem is a cumulative disorder, you might notice such early signs as feature imbalance, pain radiating up the side of the head from in front of the ear, muscle cramps and pain in the shoulders and neck; earaches and toothaches despite the absence of infection. You might notice symptoms of pain arising in the arms, lower back and legs.



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The function of the TMJ is the primary intersection for the circulation of blood to and from the brain. Most headaches are a result of a disturbance in blood supply to the brain, and oral stress causes the neck to tighten, restricting circulation. This area is also a crucial pathway for the transmission of neural impulses. To have this centre and the major muscle groups that operate the mouth and lower jaw in a constant state of stress leads not only to physical tension but to abnormal changes in hormonal and chemical balance as well.

It is also known that four bio-electromagnetic circuits pass through the TMJ area. These are: Small Intestine Circuit, Gall Bladder Circuit, Stomach Circuit and Endocrine Circuits. An abnormal TMJ affects all structures on these circuits resulting in clinical symptoms.

Healthwise Energy Centre will continue to monitor and measure this study group with their health plans, treatments and health status and provide an up-dated report within 2010.

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